

LOIS LESTERS LEARNING CENTER MEAL SEPTEMBER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	HOT CEREAL YOGURT MILK JUICE	COLD CEREAL BANANAS MILK JUICE	WAFFLES FRUIT MILK JUICE	MUFFIN (ASSORT) JUICE MILK	POPTART JUICE MILK
AM SNACK	PRETZLES MILK	CEREAL BARS MILK	RICE CRISPIE MILK	GRANOLA BAR MILK	GRAHAM CRACKERS MILK
LUNCH	TURKEY BURGER ON BUN TATER TOTS CORN MILK	CHICKEN NUGGETS FRIES BANANAS MILK	TURKEY HOTDOGS CARROTS PEAS CRESCANT MILK	GRILLED CHEESE TOMATO SOUP APPLESAUCE CRACKERS MILK	COLD SANDWICH CHIPS/CRACKERS MIXED FRUIT MILK
PM SNACK	YOGURT GRAHAM CRACKERS MILK	POP TARTS MILK	FISH CRACKERS MILK	CELERY & PEANUT BUTTER MILK	GRANOLA BARS MILK
DINNER	TURKEY CORNDOGS PEAS FRUIT MILK	CHEES RAVIOLLI PEARS MIXED VEGGIES MILK	SPAGHETTI MEAT SAUCE CORN APPLESAUCE MILK	MEAT LOAF ORANGES GREEN BEANS MASHED POTATOES MILK	BAKED CHICKEN RICE GREEN PEAS APPLESAUCE MILK
EVE SNACK	COOKIES MILK	GRANOLA BARS MILK	BROWNIES MILK	VANILLA WAFFERS MILK	CHEESE STICKS APPLES MILK

MENU SUBJECT TO CHANGE WITHOUT NOTICE

WHITE MILK= 2%, CHOCOLATE MILK=1%, FOR THOSE CHILDREN THAT ARE LACTOSE INTOLERANT MUST BRING THEIR OWN LACTAID MILK

